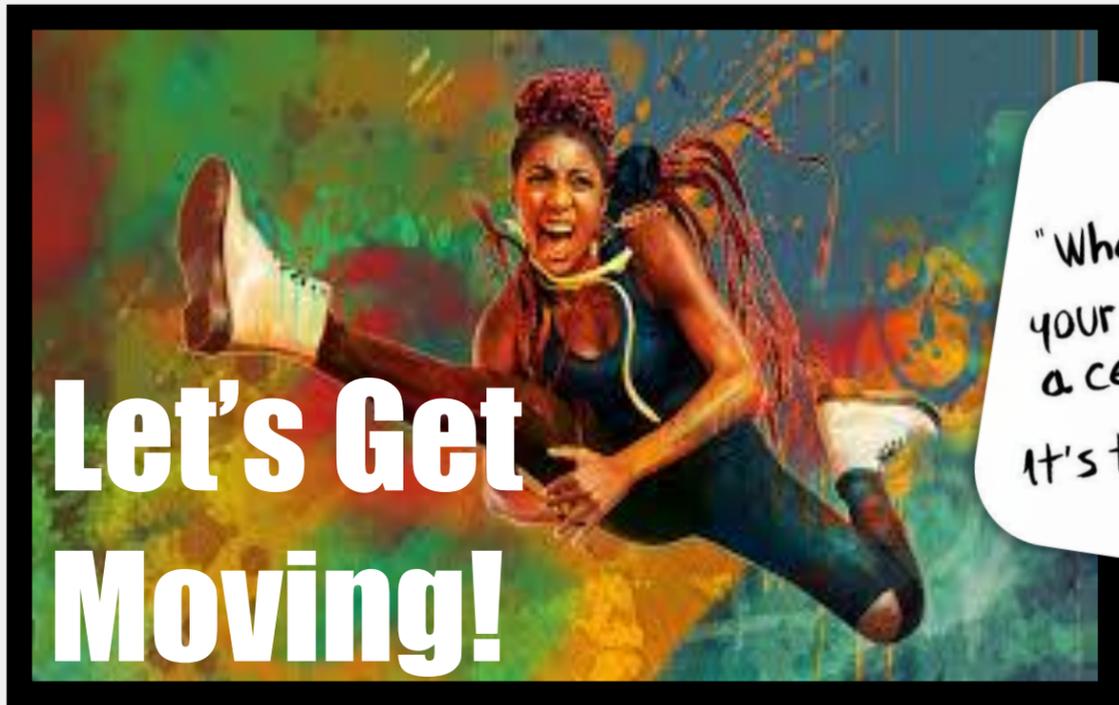


FAME NEWS

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"When you dance,
your purpose is not to get to
a certain place on the floor.
It's to enjoy each step
along the way."
- Wayne Dyer

A Note from the Editor

MS. BAILEY

Greetings, FAME students and families! One area of the arts we haven't explored as much is **Dance & Movement**. Some of you may already take dance classes, but for those of you who haven't, don't be intimidated! Dance is just moving your body to show how the music makes you feel. So have some fun with this one! **Let's Get Moving!**



**Please share *pics, videos & stories* of your Integrated Arts adventures with us at maanderson4@wsd.net!

MUSICALS THAT MAKE YOU WANT TO MOVE!

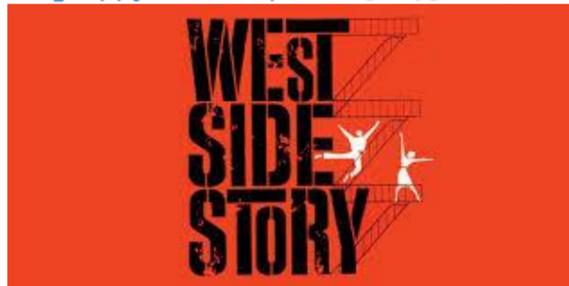
Hairspray, the Musical

<https://youtu.be/hL71tkydKPM>



West Side Story

<https://youtu.be/aenJ5V43Xvk>



Shrek, the Musical

<https://youtu.be/j6eibFYnlF4>



VARIETY OF DANCE STYLES

TAP

<https://youtu.be/Q4FYNF02yEM>

BALLET

<https://youtu.be/X3CwLBWJgaA>

MODERN

<https://youtu.be/ax66QU8pvtA>

HIP HOP

https://youtu.be/gV0w_wrU750

BALLROOM

<https://youtu.be/oMpgga7ve7Y?t=93>

IRISH JIG

<https://youtu.be/HgGAzBDE454>

Take a look at how the **NFL** incorporates dance into their conditioning:

Competing in Dance to Improve in Football | NFL Films Presents
<https://youtu.be/2U1NZbY9k-A>



Steve McLendon, New York Jets



<https://youtu.be/ymigWt5TOV8>

“I Like to Move It”, Zumba Kids

<https://youtu.be/FPowgVhUC9w>

“Electric Song – Minions”, Zumba Kids

Cinco De Mayo

Learn more about the dancing traditions of Cinco De Mayo



The “Jarabe Tapatio” is probably the most well-known Mexican dance. It is known in English as the “Mexican Hat Dance”. This beautiful couples dance has been interpreted many times, by everyone from famous ballerina Anna Pavlova to the traditional Mexican dance troupe, Ballet Folklórico.

The “Concheros” dance dates back to shortly after the conquest of the Aztec Empire by the invading Spaniards, and thus has elements from the indigenous peoples and the Catholic conquistadors.



Jarabe Tapatio, or commonly known as “The Mexican Hat Dance”

Watch clips of the various dances of Cinco de Mayo

<https://www.learntodancewithfred.com/cinco-de-mayo-learn-traditional-mexican-dances/>

7 Kid friendly recipies

<https://www.foodnetwork.com/food/holidays/2015/05/7-ways-to-host-a-kid-friendly-cinco-de-mayo-party>

11 Crafts for Kids

<https://artscraftsymom.com/cinco-de-mayo-crafts/>



Concheros, or commonly known as “Aztec Folk Dance”

Capturing Movement: Edgar Degas, Artist

Edgar Degas



<https://canvas.saatchiart.com/art/art-history-101/capturing-movement-edgar-degas-and-his-dancers>



The Star, (Dancer on Stage)

At the ballet Degas discovered a world that thrilled both his academic taste for classical beauty and his desire for modern realism. Desiring more natural and intimate poses, Degas often portrayed his dancer’s mid-movement, during their lessons and getting ready behind the stage.



The Little Fourteen-Year-Old Dancer

Degas did not produce a comprehensive collection of ballerina-inspired sculptures, instead his wax sculptures were mostly used as figure studies. However, the one bronze he did complete — *The Little Fourteen-Year-Old Dancer* — has become one of his most renowned dancer depictions.

Teacher Appreciation Challenge!

Remember our Gratitude Tree from the beginning of the year? Use the [link below](#) to send an **e-card** to your teacher and tell them how much you appreciate them! Let’s make our teachers smile!



https://www.punchbowl.com/online-cards/teacher-appreciation?gclid=CjoKCQjw-r71BRDuARIsAB7i_QMb_p5eHiDSU2ptissZd4anFCgRwYYkP6GdJECfI2Q9TnF7DuUMqrMaAs1ZEALw_wcB